M. Phil. (Psychology) Syllabus
(As per the UGC 5th May, 2016 Guidelines)

Faculty: Arts
Programme: M. Phil.
Subject: PSYCHOLOGY
(2019)

Department of Psychology
Saurashtra University, Rajkot

(CGPA 3.05)
Department of Psychology, Saurashtra University, Rajkot

Rules for M. Phil. Psychology Programme

1.0: Eligibility criteria for admission to the M.Phil. programme:

1.1: Candidates for admission to the M. Phil. programme shall have a Master's degree in Psychology, with at least 55% marks in aggregate or its equivalent grade 'B' in the UGC 7-point scale (or an equivalent grade in a point scale wherever grading system is followed) or an equivalent degree from a foreign educational Institution accredited by an Assessment and Accreditation Agency which is approved, recognized or authorized by an authority, established or incorporated under a law in its home country or any other statutory authority in that country for the purpose of assessing, accrediting or assuring quality and standards of educational institutions. (1.1)

1.2: A relaxation of 5% of marks, from 55% to 50%, may be allowed for those belonging to SC/ST/OBC (non-creamy layer) / Differently-Abled and other categories of candidates as per the decision of the Commission from time to time, or for those who had obtained their Master's degree prior to 19th September, 1991. The eligibility marks of 55% and the relaxation of 5% to the categories mentioned above are permissible based only on the qualifying marks without including the grace mark procedures. (1.2)

2.0: Duration of the Programme:

2.1: M. Phil. programme shall be for a minimum duration of two (2) consecutive semesters. The women candidates and Persons with Disability (more than 40% disability) may be allowed a relaxation of one year for M. Phil. In addition, the women candidates may be provided Maternity Leave/Child Care Leave once in the entire duration of M. Phil. for up to 240 days. (3.1) & (3.4)

3.0: Procedure for admission:

3.1: The University shall advertise the admission notice; (4.2.2). The Department shall decide on an annual basis through its Staff Council a predetermined and manageable number of M. Phil. scholars to be admitted depending on the number of available Research Supervisors and other academic and physical facilities available, keeping in mind the norms regarding the scholar- teacher ratio (as indicated below), laboratory, library and such other facilities; (4.2.1).

(i). A Research Supervisor who is a Professor, at any given point of time, cannot guide more than three (3) M. Phil. scholar;

(ii). An Associate Professor as Research Supervisor can guide up to a maximum of two (2) M. Phil. scholars and

(iii). An Assistant Professor as Research Supervisor can guide up to a maximum of one (1) M. Phil. scholar; (5.5).

3.2: The Department shall admit M. Phil. students through an Entrance Test conducted at the Department of Psychology, Saurashtra University, Rajkot (4.1).
3.3: An Entrance Test shall be qualifying test for the admission with qualifying marks as 50%. The syllabus of the Entrance Test shall consist of all Core Courses of the M.A. Psychology Programme of the Saurashtra University. The Entrance Test shall be conducted at the Department. Nature of the test shall be MCQ type. (4.4.2)

3.4: Admission to the M.Phil. Psychology shall be based on the merit order of the Entrance Test Score by the Applicant. The Department shall follow and adhere to the national/state-level and the University reservation policy, as guided by PGTR regulations form time to time; (4.2.3)
## Structure of Syllabus for M. Phil. Psychology

<table>
<thead>
<tr>
<th>NO</th>
<th>CORE/ELECTIVE</th>
<th>NAME OF COURSE</th>
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IM= Internal Marks  
EM= External Marks  
TM= Total Marks  
Semester One: Total 8 credits (One Core Course & One Elective Course)  
Semester Two: Total (4 + 8) 12 credits (One Elective Course & One Dissertation)
Students can opt Semester I and II for M.Phil. Degree in Psychology. There will be two types of courses viz. Core Course and Elective Course. There will be two courses with 08 Credits in first Semester and two courses with 12 Credits in second Semester. There will be four hours classroom teaching per theory Course and fifteen week work in a semester. For one hour classroom work per week one credits to be assigned. M.Phil. Degree in Psychology is considered of 500 marks with 20 credits. Each theory Course requires 4 credits and is carrying 100 marks. Whereas Dissertation requires 8 Credits and it is carrying 200 marks.

For each semester the hours per week and credit will be assigned as under:

<table>
<thead>
<tr>
<th>Semester</th>
<th>Number of courses</th>
<th>Hours per week</th>
<th>Credits</th>
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<tr>
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<tr>
<td>Semester-II</td>
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<td>Total</td>
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</table>

□Allocation of Hours for Practical /Dissertation

(i) Personal Guidance 40 Hours
(ii) Fieldwork and Report writing 80 Hours

□Marks assigned and its division into External & Internal Examination:

(i) External Exam marks 70
(ii) Internal Exam Marks 30
Total 100 Marks

□Scheme for Internal Examination 30 Marks
(i) Assignment Writing 10 Marks
(ii) Seminar Paper Presentation 10 marks
(iii) Internal Examination 10 marks

□Marking Scheme for Dissertation 200 Marks
- Dissertation 150 Marks
- Open viva voce 50 Marks

At present external examiner evaluates the dissertation and viva voce by the way of marks.
FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No.: RESEARCH METHODOLOGY & STATISTICS/ CCT-01
Course (Paper) Unique code:
External Exam Time Duration:

<table>
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<tr>
<th>Name of Course</th>
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Course Objectives:

1. To acquaint students with various aspects of research process in psychology.

2. To acquaint students with various statistically techniques required to analyze the data of research.

UNIT-I

Research Methodology: Meaning of Research- Significance of Research- Research methods Versus Methodology- Criteria of good research-Selecting the problem- Necessity of defining the problem-Criteria for selecting sampling procedure- Different types of sample designs- how to select a random sample? – Complex random sampling designs- Meaning of research Design- Needs for Research Design- Features of good Design- Different types of Research Design- 2x2x2 Factorial design with example

UNIT – II

Psychological Test: Characteristics of Psychological test- Types of psychological test- Characteristics of a good test- Purpose and Utility of psychological tests-Test Standardization: Traits of Standardized test- Use of test in research- Retentive cares in test selection- retentive cares in test administrated- types of standardized test-structure of standardized tests.

– Reliability- Validity- Relationship between Reliability and validity- norms.
UNIT – III

Construction of research proposal and review of Literature: Sections of Research proposal- role of review literature- characteristics of review literature- objectives of review literature -planning for review literature- conclusions of review literature- significance of present research- resources- skills and characteristics of researcher for review literature.

Interpretation and report Writing: Meaning of Interpretation- Why interpretation- Technique of interpretation- research report- meaning of research report- main purpose of research report- section of research report- abbreviations used in research report- precautions for writing research report- probable mistakes in preparing research report.

UNIT- IV


Non Parametric Statistics Chi square, Median Test, Sign Test- Analysis of variance (ANOVA)- What is ANOVA?- The basic principle of ANOVA- ANOVA Technique- one way, two way and three way ANOVA- Hypothetical Example of ANOVA- Mean Difference tests e.g. LSD etc.

REFERENCES:


FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No: PERSONALITY MEASUREMENT/ ECT-01
Course (Paper) Unique Code:
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Course Objectives

1. To familiarize students with the key approaches to the study of personality.

2. To help students understand the various approaches to measure personality.

3. To acquaint students with the procedure of construction, administration and interpretation while using various tools to measure personality.

UNIT-I

UNIT-II

UNIT-III

UNIT-IV
Projective Techniques- meaning of Projection- Meaning of Projective Technique- Nature-Assumption- explanation- Different types- evaluation-observation technique
REFERENCES

Howard S. Friedman and Miriam W. Schustach (2004),


Lorenze A. Pervin (1990), Handbook of Personality: Theory and Research, New York: Guilford Press

Quammer Hussain, "Personality Measurement.

Sarason, "Contemporary Research in Personality."
FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No.: MAIN THEORIES OF PSYCHOLOGY/ECT-01
Course (Paper) Unique code:
External Exam Time Duration:

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Course Objectives:

1. Define the terms phenomenon and theory and distinguish clearly between them.
2. Explain the purposes of scientific theories.
3. Explain why there are usually many plausible theories for any set of phenomena.
4. To acquaint students with various theory of psychology.

UNIT-I


Theories of Selective Attention: Bottlenech Theory - Norman & Bobrov’s Theory - Neisser Theory - Capacity Theory - Theories of Sustained Attention.

UNIT-II


Theories of Memory: Theories of Sematic Memory or Generic Memory: Hierarchical Network Model - Theoretic Model - Feature Comparison Model - Spreading Activation Model - Waugh Norman Theory, Multistore Model: Waugh Norman Theory - Atkinson Shifrin Buffer Theory - Some Additional Theories: Broadbent’s Address Register Model - Sampling Model- Parallel Distributed Processing Model.
UNIT-III


UNIT-IV

Theories of Intelligence: Classical Theory – Morden Theory: Spearman’s Two-Factor Theory – Thurstone Group Factor Theory – Multi-Factor Theory – Hierarchical Theory

Intelligence Theory of Cattell’s – Carroll’s Three-structure Theory of Cognitites Abilities – Gardner’s Theory of Multiple Intelligence.

UNIT-V


Other Theories: Theories of Thinking – Theories of Stress – Theories of Psychophysics – Theories of Sleep – Theories of Dream – Theories of Hypnosis.

REFERENCES


FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No: PEACE PSYCHOLOGY/ ECT-01
Course (Paper) Unique Code:
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Course Objectives:
1. To become more knowledgeable concerning the core concepts and methods involved in peace psychology.
2. To become familiar with various forms of direct violence ranging from intimate violence to mass violence and war.
3. To examine the concept of structural violence and its impact on individuals, groups, and communities.
4. To become familiar with the importance of and the strategies involved in understanding the various aspects of conflict including partisan perceptions.
5. To examine the nature of conflict resolution including the psychological dimensions associated with peacekeeping and peacemaking for all parties involved in a conflict.
6. To examine the psychological aspects of peace building as individuals, groups, and communities move from intervention to reconciliation and reconstruction.
7. To examine the steps involved in thinking like an activist.

Unit 1: Perspectives of peace psychology

Peace Psychology: Meaning, Need, Aim, Scope and Relevance - Violence: Theories (Direct and Structural) and Causes - Nonviolence: Thoughts of Phule, Gandhi, Ambedkar - Effects of Violence and Nonviolence

Unit 2: Direct violence

Intimate Violence: Role of Psychologist - Violence against Minorities: Managing Multiculturalism - Genocide: Psychological Perspective (Case Study of Riots) - Terrorism: Psychological Roots
Unit 3: Structural violence

Social Justice: Role of Psychologist - Women and Children as victims of structural violence - Human Rights violations as structural violence - Globalization and Its Impact on Cultural Identity

Unit 4: Peace-building & peace-making interventions

Psychological Construct of Personality for Achieving Peace: Empathy, Openness, Flexibility, Conscientiousness - Reconciliation and Issues of Forgiveness - Negotiation, Mediation, Communication, Assertiveness, Decision-Making, Problem-Solving, Critical Thinking Skills - Conflict Development and Management, Transformation and Analysis

REFERENCES:


Course Objectives:

1. Develop an understanding of the concepts of guidance and counseling.
2. Acquire the skills necessary for counseling.
3. Know about different areas of counseling.
4. Create awareness about working of guidance organizations.
5. Know about the basic needs of guidance services.
6. Develop the knowledge about different fields of Guidance & Counseling.

UNIT: I

Concept of counseling: Introduction- Definition of counseling- characteristics of counseling- Aims of Counseling- Need of counseling- Need of counseling-Nature of Counseling- Difference between Counseling and Guidance- individual Characteristics.

UNIT: II
Counseling Process: Principles of counseling- Main parts of counseling Process- direction or process of counseling objectives- Purpose of counseling for client- Clint counselor relationship

UNIT: II
Counseling skills: Rapport, Empathy and communication- Procedure of counseling- Skills in counseling- role of the relation between counselor and counselee
Special area of counseling- career counseling- marital counseling- personal counseling- alcoholism and its phases and measures- drug addiction and its nature, symptoms, treatment and measure

UNIT: IV
Guidance- Meaning- definition- nature- Need of Guidance in human life- Goals and functions of guidance- nature and characteristics of guidance- Types of guidance- educational guidance- personal educational guidance- group educational guidance method- educational guidance
Kinds of guidance- vocational guidance- meaning- objectives- process- study of occupational world- minnesota occupations rating scale- sources about occupations- thinking aspect about occupation- one individual has to be perfect for many occupations- vocational guidance- need and objects of vocational guidance- kinds of guidance- personal guidance and its meaning, importance, need, advantages, process, object.

REFERENCES:
FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No.: PSYCHOLOGICAL THEORIES OF LEARNING AND VALUE EDUCATION

Course (Paper) Unique code: ECT-02
External Exam Time Duration:

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Course Objectives:

This course will provide a current and comprehensive overview of research and theory related to human learning. The course will emphasize major concepts of learning theory but will also cover relevant motivational, developmental, and classroom management theories. The course will underscore the relationship between theory, research and practice. There are four major objectives of the course:

1. To acquaint students with the general concepts of learning theory;
2. To review, understand, and critique research related to theories of learning;
3. To provide students the opportunity to engage in critical analysis of theories through class discussion and class assignments;
4. To give students opportunities to think about how to apply course material into their personal philosophy and future practice.

UNIT-I


UNIT-II


Guthrie’s Theory: Guthrie’s Important Ten Concepts - Guthrie’s Insight Theory – Cybernatic Model of Learnings.


UNIT-III


UNIT-IV


REFERENCES


FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No: ORGANIZATIONAL BEHAVIOUR/ ECT-02
Course (Paper) Unique Code:

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Course Objectives:

1. To understand the concepts of OB
2. To highlight the application of OB Concepts
3. To acquaint students with the recent development in OB Role in Organizations.

UNIT-1

1. Foundation of Organizational Behaviour: Concept of organizational behavior - Nature of OB, contributing Disciplines to organizational Behaviour - Role of Organizational Behaviour - Foundations of OB.
2. Personality: Meaning - Aspects of Personality.

UNIT-2


UNIT-3

2. Leadership: The roles of and activities of leadership -leadership skills.
UNIT-4

2. Organizational Climate: Orgnizational Climate: Concept of Organizational Climate- Factors in Organizational Climate - Impact of Organizational Climate.

REFERENCES:

Stephen Robbins: Organizational Behavior.

L. M. Prasad: Organizational Behavior

Keith Devis: Organizational Behavior