

BIODATA

NAME: SHITAL RAHUL SODHA
DOB: 30/09/1982
ADDRESS: DHANLAXMI SOCIETY, PARESHNAGAR
STREET NO.3, NARSANGTEKRI
CHHAYA, PORBANDAR-360578
DISTRICT: PORBANDAR. STATE: GUJARAT
MOBILE NO: 9409076182
EMAIL ID: SHITALSODHA2650@GMAIL.COM
LANGUAGE
PROFICIENCY: GUJARATI, HINDI, ENGLISH, TAMIL

Educational Qualification:

| Academic Qualification | Degree | Name of the University | Month | Year | Main Subject | Percentage | Grade |
|------------------------|--------|------------------------|-------|------|---------------------------------------|------------|------------------------|
| Graduation | B.Sc. | Pondicherry University | May | 2003 | Clinical Nutrition & Dietetics | 72.08 | First class |
| Post Graduation | M.Sc. | Annamalai University | May | 2005 | Bio-Informatics | 70.83 | First class |
| Post Graduation | M.Sc. | IGNOU | June | 2014 | Dietetics and Food Service Management | 82.25 | First with Distinction |

Qualifying exam for lectureship (NET/GSET) :

| Name of qualified exam | Subject | Month | Year |
|------------------------|--------------|-------|------|
| GSET | Home Science | March | 2020 |

Research Degree :

| Qualification | Subject | Name of University | Month | Year | Title of Research |
|---------------|--------------------|------------------------------|--------|------|---|
| Ph.D | Food and Nutrition | Saurashtra University Rajkot | August | 2020 | Effect Of Nutritional Factors And Behavioural Study Of Early, Normal And Late Menarche In School Going Adolescent Girls |

Research Papers Published :

| Sr. No. | Title of Research Paper | Name of the Journal | ISSN | Vol., PP No.& Year | Type of Authorship |
|---------|---|--|-----------|---|--------------------|
| 1 | Anthropometric assessment of nutritional status of adolescents girls of Porbandar city of Gujarat state | International Journal of Applied Social Science | 2394-1405 | Volume 2 Issue 3&4 Page No.78 March- April 2015 | International |
| 2 | Effect of Physical Measures on Menarcheal age | Journal of Emerging Technologies and Innovative Research | 2349-5162 | Volume 6 Issue 6 Page No.1100 June 2019 | International |
| 3 | Study to determine the Menarcheal age of school going Adolescent girls of Porbandar city, Gujarat | Knowledge Consortium of Gujarat | 2320-0006 | Issue 19 February- March 2019 | National |

Paper Presentation and Participation in Seminars/Conferences/Webinars

| Sr. No. | Title | Name of the Event | International / National / University level | Institute Name | Date |
|---------|--|---|---|---|------------|
| 1 | Assessment of Influencing Factors on Menarcheal Age | Nurturing Family Values For the Social Well-Being | Proceeding of National Conference | Saurashtra University Rajkot | 29-01-2017 |
| 2 | Age at Menarche and its Relationship with BMI and Body Fat | Home Science: Scientific Living and Social Outreach | U.G.C Sponsored National Conference | Saurashtra University Rajkot | 05-03-2017 |
| 3 | Henry David Thoreau and Food | Henry David Thoreau and Indian Thought | International Seminar | Gurukul Mahila Arts and Commerce College Porbandar | 17-02-2018 |
| 4 | Participated | Food Safety and Naturally Occurring Toxicants | International Webinar | Avinashilingam Institute for Home Science and Higher Education for Women Coimbatore | 21-07-2020 |

Signature of Candidate