

Alpa Odedra

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CAREER OBJECTIVE:

To obtain a challenging position in the area of food and Nutrition thereby establishing myself and alternatively securing a challenging and highly rewarding position in any national or multinational enterprise that would make me a competent professional, sensitive to needs of others, and assume leadership and to be a part in the growth of the organization with my professional knowledge, allowing me my personal growth too and also job satisfaction as the priority.

Skills

Excellent communication Skills

Enthusiastic, Committed and quick learner

Sound managerial and Administrative Skills

IT Literate with sound knowledge of MS Word and Internet Navigation

Bilingual Skill Gujarati, English, Hindi

Multitasking

Experience

August 2018 - PRESENT

Company Name : Zeronsec

Location - Junagadh

Job Title- Health and diet counselor

- To Provide accurate and individualized diet and nutrition counseling
- To provide individual diet plans for different health conditions
- To provide a more holistic viewpoint than a dietitian .
- To Inspire behavioral change and add nutritional knowledge.
- To guide toward their goals by developing a plan that promotes healthy eating
- To strengthen clients' motivation.
- To train them with few help aids to commence healthy life such as yoga and pranayamas

October- 2014 to June-2015

Company Name: Azure Knowledge Corporation

Location : Ahmedabad

Job Title : Market Research Associate

- *Market Research associate*
- *Conducting Telephonic Interviews of international Clients: using CATI*
- *Desk Research*
- *Secondary Desk Research*
- *Communicating with participants according to project requirements*
- *Maintaining Records of the Clients*
- *Preparations of Reports*

November 2006 to July 2013

Company Name: Primark Stores Limited (UK- London), Location - London

Job Title : Retail Operative/ Customer Service Assistant

- *Working on check-out points (tills)*
- *Customer Service*
- *Working in the Stockroom*
- *Stock Reports*
- *Maintaining the department with stock filling and tidiness*
- *Attending and Assisting customers as necessitated*
- *Reporting stock shortage*
- *Price tags/*
- *Communicating statistics to department manager*
- *Display*

Education

June - 2016 - June - 2018

College Name: Indira Gandhi Open University, Location -Rajkot

Degree : MSC (Masters in Dietetics and Food Service Management)

June -1996 to April - 1998

College Name : Saurashtra University, Location-Junagadh

Degree - BSC (Bachelors in Home science with Food and Nutrition)

CCC (Course on Computer Concepts) : 06-10-2015 to 05-01-2016

Other Qualifications

Gujarat State Yog Board : Yoga trainer (August 2020)

Patanjali Yogpeeth : Assistant Yoga Teacher(March 2020)

National Eligibility Test : Qualified NET (Home Science) (December 2019)

References are available on request.