### F.Y.B.A. Psychology

**Sem - 1**

**Paper - 1**

**Subject : Basic Psychological Processes**

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<td>Biological and Environmental factor of Behaviours</td>
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**Paper - 2 (Core Course)**

**Subject : Human Development and Child Psychology**

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Sem - 1  (Elective Course)  Paper - 2
Subject: Psychology of Effective Behavior

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Sem - 2  (Core Course)  Paper - 3
Subject: Social Psychology

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# Sem - 2  (Elective Course)  Paper - 3

**Subject: Developmental Psychology**

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# Sem - 2  (Core Course)  Paper - 3

**Subject: Crime Psychology**

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Course Outline:

Unit: 1  Historical Introduction to Psychology
- Introduction
- Historical Development of Psychology
- Popular and Scientific Psychology
- What is Psychology? Old and New Definition

Unit: 2  Introduction and Methods
(A) Introduction
- Introduction
- Nature
- Goals and Utility of Psychology

(B) Method
- Observation
- Interview
- Questionnaire
- Experiment

Unit: 3  Biological and Environmental factor of Behaviour
- Meaning and Process of Heridity
- Experiment on Heridity
- Definition and Type of Environment
- Heridity and Environment are supplementaly factors of each other

Unit: 4  Perceptual process and Attention
(A) Perceptual process
- Meaning
- Nature
- Intrinsic Laws of Perception

(B) Attention
Unit: 5 Learning and Memory

(A) Learning
- Meaning of Learning
- Nature
- Theory of Learning
  > Classical Conditioning
  > Instrumental Conditioning
- Effective variable of Learning process

(B) Memory
- Meaning
- Stages of Memory
- Type of Memory
- Meaning of Forgetting
- Determinants or causes of forgetting
- Improving Memory or Memory Training
Course Outline:

Unit: 1 Introduction and Method

(A) Introduction
- Concept of human development
- Definition, Nature and subject matter of child psychology
- Importance of developmental and chiled psychology

(B) Methods
- Observation
- Event reporting
- Self support
- Questionnaire

Unit: 2 Growth & Development, and Maturity

(A) Growth & Development
- Meaning of growth and development
- Characteristics of growth and development

(B) Maturity
- Meaning
- Psychological aspect of illness and deficiency
- Duties of parents and teachers

Unit: 3 Rational and Linguistic Development

- Factor affecting rational development
- Variables affecting Intelligence and remedies for rational development
- Factors affecting language development
- Speech deficiency

Unit: 4 Social and Emotional Development

- Contribution of peer group in social and emotional development.
Unit : 5  Conflict and Frustration

(A) Conflict
- Meaning
- Reasons of conflicts in child
- Aim of punishment
- Emotional effects of punishment
- Characteristics of proper punishment

(B) Frustration
- Definition
- Effect
Course Outline:

Unit : 1  Problem of Adjustment
- Introduction
- Meaning of Stress
- Types of Stress
- Conflict
- Frustration

Unit : 2  Adjustment in Marriage Life
- Exception of Marriage Life
- Selection of Life Partner
- Marriage and adjustment
- Divorces

Unit : 3  Vocational Capacity
- Vocational choice as a Problem
- Problem of Vocational Adjustment
- Future of Vocation

Unit : 4  Emotion Capacity
- Patterns of Emotional Experience
- Patterns of Expression and Control
- Understanding and Functioning with Emotions
- Fostering Constructive Emotions

Unit : 5  Social Capacity
- Base of Good Interpersonal Relationship
- Helping Behavior

Reference Book
- Psychology and Effective Behaviour - J.C. Coleman
- Psychology and Effective Behaviour - C.Jamnadas Co.
Course Outline:

Unit: 1 Introduction and Method

(A) Introduction
- Introduction
- Definition of social psychology
- Subject matter of social psychology
- Scope of social psychology
- Importance and utility of social psychology

(B) Method
- Field study
- Sociometric

Unit: 2 Socialization
- Introduction
- Definition
- Stages of socialization
- Process of socialization
- Agencies

Unit: 3 Principle of Social Behaviour
- Meaning and nature of imitation
- Types of imitation
- Meaning and nature of suggestion
- Types of suggestion
- Role of suggestion in social life

Unit: 4 Prejudice and Propaganda
- Meaning of prejudice
- Characteristics of prejudice
- Methods of reducing prejudice
- Meaning of propaganda
- Technique of propaganda

Unit: 5 Leadership and Mass Effectiveness

(A) Leadership
- Meaning and nature of leadership
- Common traits or attributes of leadership
- Functions of Leaders
- Authoritarian leader and Democratic leader

(B) **Mass behaviour**
- Meaning of Group effectiveness
- Determinants of group effectiveness
- Psychology of Fashion
- Meaning and Nature of Fashion
- Why peoples accept Fashion
Course Outline:

Unit: 1  Growth, Decline and Method of Development Psychology
- Introduction
- Meaning of Developmental changes
- Significant fact about development
- Happiness and unhappiness
- Method and Theories in Development Psychology

Unit: 2  Beginning of Life & Infancy
- Importance of conception
- Period of prenatal development
- Characteristics of Infancy
- Factors influencing adjustment of postnatal life
- Hazards of prenatal period and Infancy

Unit: 3  Babyhood
- Introduction
- Characteristics of Babyhood
- Developmental task, Physical, Muscle, Speech, Emotional and Social development in babyhood
- Family relationship
- Hazards in babyhood

Unit: 4  Early Childhood
- Characteristics of early childhood
- Developmental Task, Physical development, Physiological, Skills, Speech and Emotional development
- Patterns of early socialization
- Moral development Understanding development and family relationship
- Hazards and happiness in early childhood

Unit: 5  Childhood
- Characteristics of childhood
- Developmental Task, Social and Emotional development
- Understanding and Interests
- Family relationship condition of deterioration and factors of Self concept

Reference:
Developmental Psychology: Elizabeth Hurlock; Tata Mcgraw Hill 1997
Adoolemce and Middlehood Today: Penguin Publication Toronto 2004
Course Outline:

Unit: 1 Introduction to Crime Psychology
(A) What is Crime? and Crime Psychology
- Introduction
- Meaning of Crime and Crime Psychology
- Nature of Crime Psychology
- Types of Crime
- Subject matter of crime psychology
- Important of crime psychology

Unit: 2 Theory of Crime
- Introduction
- Economic theory of Crime
- Sociological theory of Crime
- Political theory of Crime
- Psychological theory of Crime

Unit: 3 Causes of Crime
- Introduction
- Economic
- Sociological
- Political
- Psychological

Unit: 4 Juvenile Delinquency
- Introduction
- Defection of Juveli Delinquency
- Causes of Juveli Deliquency
- Antisocial Behaviour of Children

Unit: 5 Prevention of Crime
- Introduction
- Crime in India and Gujarat
- Crime prevention model
- Models of reactions to Trauma and coping
- Psychological stage.
- Role of Psychology as a prevention of crime
### SAURASHTRA UNIVERSITY, RAJKOT

**S.Y.B.A. PSYCHOLOGY**

**SEM. 3** (Core Course) **PAPER – 5**

**Subject: Psychopathology**

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**SEM. 3** (Elective Course) **PAPER – 5**

**Subject: Applied Psychology**

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### SEM. 3 (Core Course) PAPER – 6

**Subject: Adolescent Psychology**

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### SEM. 3 (Core Course) PAPER – 7

**Subject: System and Theories of Psychology**

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S.Y.B.A. Psychology Semester -3
PAPER – 5 ( Core Course )
Subject: Psychopathology

Course Outline:

Unit-1 Introduction
~ Introduction
~ Meaning of Psychopathology
~ Nature of Psychopathology
~ Field of Psychopathology
~ Important of Psychopathology

Unit-2 Frustration
~ Introduction
~ Meaning
~ Reason and result

Unit-3 Defiance Mechanism
~ Introduction
~ Function
~ Definition
~ Types

Unit-4 Neurosis
~ Meaning
~ Characteristic

Unit-5 Stress
~ Meaning
~ Types
~ Stressors
~ Stress related disorder and Copying
REFERENCE


~ Sorenson H. and Malm M. “Psychology for Living” N.Y. Megralo Hill (1997)

~ Mc kinne, Fred “Psychology of Personal Adjustment. N.Y. Wila

~ Bernard H.” Toward Better Personal Adjustment” N.Y. MC. Grew Hill. 1957

~ Dr. R.G. Parmar and Dr. Jignesh Tapariya “Stress – New Challenge”
S.Y.B.A. Psychology Semester -3  
PAPER – 5 (Elective Course)  
Subject: Applied Psychology

Course Outline:

Unit-1 Introduction of Subject  
~ Definition, Nature of applied Psychology  
~ Goal, scope & Use of Applied Psychology

Unit-2 Treatment & Psychology  
~ Diagnosis & Treatment  
~ Psychotherapy, Physical & chemical treatment, The steps for the prevent of mental disease

Unit-3 Psychology in Industry  
~ Occupational analysis & worker selection  
~ Placement, effective condition of work, Human relation in Industry

Unit-4 Psychology in the filed of Business  
~ Business & psychology, Relation between business man & employee  
~ Need of public contact, effectiveness of advertisement & uses of Psychology in advertisement

Unit-5 Psychology in Home life  
~ Nature and function of family, problem & Function of modern home  
~ Home life and social Heredity, the home transition, fundamental need of a chilled.
References

~ Gray f Stenly : Psychology in use Second Ed.
~ Morgan C.T. : Introduction to Psychology
~ Dr. Stone & Stone Married Psychology
~ Atwater : Psychology for living adjustment and behavior
  Fifth Ed. 1995 Prentic Hall of India Pvt. Ltd. Delhi
~ Somabhai Patel : Salah Mnovigyan, Univarsity Granth
  nirman board.
Subject: Adolescent Psychology

Course Outline:

Unit-1 Introduction to Adolescent Psychology
  ~ Introduction
  ~ Definition
  ~ Nature
  ~ Stage of Human Development
  ~ Subject Filed of Adolescent Psychology

Unit-2 Development of Adolescent
  ~ Physical
  ~ Mentally
  ~ Emotional
  ~ Social

Unit-3 Personality Development
  ~ Meaning of Personality Development
  ~ Needs of Personality Development
  ~ Personality characteristics of Adolescent

Unit-4 Development of Aptitude, Attitude and Belief
  ~ Meaning of Aptitude
  ~ Nature of Aptitude
  ~ Development of Attitude and Belief

Unit-5 Psychosexual Adjustment
  ~ Attitude of Sexuality
  ~ Attitude of Love
Unit-6 Physical and Mental Health

~ Meaning of Physical and Mental Health
~ Nature
~ Good characteristics of Health

REFERENCE

~ Elizabeth Hurlock, “Developmental Psychology” M.C.Graw Hill
~ Lawrce Fenk, “Developmental Psychology”
~ Karl Garrison, “Development of Applied and Attitude Psychology”.
~ R.G.Parmar, “Human Development and Adolescent Psychology”
~ Development Psychology – Pro. Yogendra K Desai
Subject: System and Theories of Psychology

Course Outline:

Unit-1 Introduction
~ Meaning of School
~ Reason of existence of School in Psychology

Unit-2 Introduction of the following Schools in Psychology I
~ Structuralism ~ Functionalism
~ Associationism ~ Behaviorism

Unit-3 Introduction of the following Schools in Psychology II
~ Gestalts
~ Psychoanalysis
~ Hormic Psychology
~ Field Theory

Unit-4 Behaviorism
~ Principal of Behaviorism
~ Limitation of Behaviorism

Unit-5 Behaviorism
~ Contributions of Watson, Lesly
~ Contributions of Guthri, Skinner
References

~ Woolman B B : Conteporary theories and and systems of Psychology. Harpea publishing Co. N.Y. 1960
~ Dr. B.A.Parikh : Siddhanto ane Samprdayo. Uni. Granth nirman board
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SEM. 4   (Elective Course) PAPER – 8

Subject: Applied Psychology

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### SEM. 4 (Core Course) PAPER – 9
**Subject: Health Psychology**

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### SEM. 4 (Core Course) PAPER – 10
**Subject: Theory and System of Psychology**

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<td>Gestaltism II</td>
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Course Outline:

Unit-1 Individual Difference and Adjustment
- Introduction
- Impotents of Individual differences
- Sources of Individual differences
- Meaning of Adjustment
- Characteristic of Adjustment
- Suggestions of Adjustment

Unit-2 Family Adjustment
- Introduction
- Meaning of Family
- Function of Family
- Family Problem
- Suggestions for Family Adjustment

Unit-3 Social Adjustment
- Meaning of Social Adjustment
- Social Relations
- Thought difference and Social Relations
- Responsibility and Social Relation
- Social Partnership

Unit-4 Marital Adjustment
- Meaning
- Choice of Life Partner
~ Problem of Married Life (Economical, Family, Physical, Psychological)

**Unit-5 Vocational Adjustment**

~ Meaning
~ Choice of Vocation
~ Vocational Problem and Satisfaction

**REFERENCE**


~ Sorenson H. and Malm M. “Psychology for Living” N.Y.Megralo Hill (1997)

~ McKinne, Fred “Psychology of Personal Adjustment. N.Y.Wila

~ Bernard H.” Toward Better Personal Adjustment” N.Y.MC.Grew Hill. 1957
Unit-1 Psychology in Education
~ Nature of Education Process, formal and Importance education. Good school from the point of Mental Hygiene
~ What should teacher know about Intelligence, what is good school from stand point of psychology of teaching.

Unit-2 Psychology and Married Life
~ Nature and people of marriage, fitness for marriage
~ Traits of Maturity for marriage marital adjustment, diverse and Re marriage

Unit-3 Psychology of Sexuality
~ Human sexual response, Partial and problems
~ Sexual dysfunctions, sexuality transmitted diseases.

Unit-4 Psychology of Counseling
~ Nature of Counseling, key point of counseling
~ Settings of counseling. Type and goals of counseling.

Unit-5 Psychology for Counseling
~ Why need of counseling, the evidence about to need counseling.
~ The filed of counseling, Problems of Indian students and need of counseling.
References

~ Gray f Stenly : Psychology in use Second Ed.
~ Morgan C.T. : Introduction to Psychology
~ Dr. Stone & Stone Married Psychology
~ Atwater : Psychology for living adjustment and behavior Fifth Ed. 1995 Prentic Hall of India Pvt. Ltd. Delhi
~ Somabhai Patel : Salah Mnovigyan, University Granth nirman board.
S.Y.B.A. Psychology Semester - 4
PAPER – 9 (Core Course)
Subject: Health Psychology

Course Outline:

**Unit-1** Introduction to Health Psychology
- Introduction
- Meaning of Health Psychology
- Development of Health Psychology
- Nature of Health Psychology

**Unit-2** Models of Health
- Biopsychosocial Model
- Biomedical Model
- Psycho-cultural Model
- Health Belief Model

**Unit-3** Lifestyle and Health
- The theory of Reasoned Action
- Health seeking behavior
- The theory of Planned Behavior
- Self regulation Theory
- Indian views of Health

**Unit-4** Health Promoting and Health Damaging Behavior
- Promoting Behavior
- Damaging Behavior

**Unit-5** Health Related Disease
- Heart Disease
- Stress
- Diabetes
REFERENCE

~ Alams and Abrams. “Health Psychology”. La Jolla CA University, 1987


~ Fridman, “Health Psychology” Prentice Hall N.W. 1989

~ David Marks, “Health Psychology” Sage Publication, 2004

~ Mathur S, “Health Psychology” Vinod Publication, Agra
Subject: Theory and System of Psychology

Course Outline:

Unit-1 Associationism I
- Meaning
- Contribution of Associationism in Psychology

Unit-2 Associationism II
- Contribution of Thorndike
- The basic role of Pavlov

Unit-3 Gestaltism I
- Meaning
- Principal of Gestalt Psychology

Unit-4 Gestaltism II
- Contribution in the filed of perception
- Contribution of Wertheimer, Kohler, Koffka

Unit-5 Psycho-Analysis
- Principal of Psychoanalysis
- Personality theory of Freud, Contribution of Adler, Jung
References

~ Woolman B B : Contemporory theories and and systems of Psychology. Harpea publishing Co. N.Y. 1960
~ Dr. B.A.Parikh : Siddhanto ane Samprdayo. Uni. Granth nirman board
SAURASHTRA UNIVERSITY
RAJKOT

F.Y. to T.Y.B.A Psychology
Semester 1 & 6
NEW SYLLABUS
CHOICE BASE CREDIT SYSTEM

CBCS-2010

Foundation by

Dr. R. G. Parmar
Chairman
Board of Study Psychology
Saurashtra University

Dr. C. B. Jadeja
Vice-Chairman
Board of Study Psychology
Saurashtra University
### SEM. 5    (Core Course)  PAPER – 11
**Subject : Practical**

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### SEM. 5    (Core Course)  PAPER – 12
**Subject : Research Method & Statistics**

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### Subject: Physiological Psychology

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### Subject: Abnormal Psychology

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Total Marks: 70  Total Credit: 45
### SEM. 5 (Elective Course) PAPER – 14

**Subject: Counseling Psychology**

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### SEM. 5 (Core Course) PAPER – 15

**Subject: Industrial Psychology**

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<td>Job Description</td>
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<td>Meaning of Productivity</td>
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<td>4</td>
<td>Industrial Motivation</td>
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### SEM. 5 (Elective Course) PAPER – 15

**Subject: Psychological Essay**

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<td>Hypnotism</td>
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<td>Stress</td>
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### SEM. 5 (Core Course) PAPER – 16

**Subject: Educational Psychology**

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<td>Transfer of Training and Individual Differences</td>
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### SEM. 5  (Elective Course)  PAPER – 16

**Subject: Psychology of Married life**

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<td>Gender Role</td>
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T.Y.B.A. Psychology Semester -5
PAPER – 11
Subject: Practical

Course Outline:

Any Five Practical

2. Comparative study of the method of rank order and paired comparison though color preference
3. Mirror – Drawing
5. Concept Formation
6. Span of Attention
7. Immediate memory Span
8. Problem solving
9. Learning
References

~ Experimental Psychology by Dr. R.G.Parmar & Dr. Jignesh Taparia, 2011
~ Experimental in Psychology by Postman L. and J. P. Egn, Harper and Row, New York
~ Experimental Psychology : Woodworth, Oxford press 1971
~ Prayogik manovigyan : Dr. S.C. Kanawala, University Granth nirman Board
~ Experimental Psychology : Dr. I.D. Gujrati
T.Y.B.A. Psychology Semester -5
PAPER - 12
Subject: Research Method & Statistics

Course Outline:

Unit-1 Research Process
~ Introduction
~ Definition of Research
~ Stapes
~ Choice of Research Subject
~ Problem creation

Unit-2 Sampling
~ Introduction
~ Meaning of Universe and Sample
~ Sampling Methods

Unit-3 Experimental Method
~ Meaning of Experiment
~ Characteristics of experiment
~ Variables'
~ Stapes
~ Limitation and Benefits

Unit-4 Statistics and Measurement
~ Necessity of studying the statistics method
~ Meaning of Score, continuumms and desecrate series
~ Approximate value of statistical figures, significant figures
~ General Principal of calculating exact and approximate value of scores
Unit-5  **Frequency distribution**
- Preparing a Frequency Distribution table, Limit of class intervals mid value
- Graph Methods, Histogram, Frequency, Polygon, Frequency curve and cumulative frequency curve

Unit-6  **Measures of Central Tendency**
- Long method and short method of computing mean from grouped and ungrouped data.
- Long method and short method of computing Median from grouped and ungrouped data uses of Mean, Median and Mode

**REFERENCE**
- B.F. Anderson. : “Experimental Psychology”
T.Y.B.A. Psychology Semester -5
PAPER – 13

Subject: Physiological Psychology

Course Outline:

Unit-1  Introduction to Physiological Psychology
~ Introduction
~ Discussion of mentally and Physical relation
~ Meaning of Physiological Psychology
~ Nature of Physiological Psychology

Unit-2  Human Body
~ Introduction
~ Enzymes
~ Vitamins
~ Hormones
~ Genes

Unit-3  Nervous system
~ Meaning of nervous system and Cell
~ Nerve impulse
~ The all or none principle

Unit-4  Brain
~ Cerebellum
~ Cerebrum
~ Hypothalamus
~ Function of Brain
~ Peripheral Nerves system

Unit-5  Sensory Mechanism
~ Sensory Mechanism
~ Motor Mechanism
REFERENCE


~ M.A. Wenger, : ‘Physiological Psychology’ Jones and Jones, 1976

~ Deutch and Deutch, ‘Physiological Psychology’


~ Kapadiya U. ‘Physiological Psychology’
## Course Outline:

### Unit-1 Introduction to Abnormal Psychology
- Introduction
- Definition
- Difference between Normal and Abnormal behavior
- Approaches of Abnormal behavior

### Unit-2 Causes of Abnormal behavior
- Physical
- Psychological
- Socio-cultural

### Unit-3 Neurosis
- Meaning of
- Hysteria
- Obsessive
- Desiccative Reaction
- Conversion Reaction

### Unit-4 Character Disorder
- Child language
- Drinking
- Meaning of Psychosomatic Disorder
- Asthma
- Peptic Ulcer
- Migraine
Unit-5 Schizophrenia

~ Introduction
~ Meaning
~ Type
~ Delusion

REFERENCE


## Course Outline:

### Unit-1 Introduction to Counseling Psychology
- Introduction
- Meaning of Counseling Psychology
- Goal of Counseling
- Types of Counseling

### Unit-2 Professional Issues, Ethics
- Professional issues
- Ethics
- Education and Training of counselor

### Unit-3 Need of Counseling
- Problem of Indian Students
- Characteristics of Counselor

### Unit-4 Counseling relationship
- What is counseling relationship
- Dimension
- Area of Counseling

### Unit-5 Counseling Interview
- Meaning of Counseling interview
- Process of interview
REFERENCE


Subject: Industrial Psychology

Course Outline:

Unit-1 Introduction to Industrial Psychology
~ Nature
~ Scope
~ Work Area
~ Important

Unit-2 Job Description
~ Introduction
~ Job description
~ Job Analysis
~ Job Success

Unit-3 Meaning of Productivity
~ Introduction
~ Meaning
~ Fatigue
~ Monotony
~ Boredom

Unit-4 Industrial Motivation
~ Introduction
~ Motivation an incentive
~ Moral
~ How to boost up morale of the workers
Unit-5 Accident

~ Introduction
~ Nature and Causes of Accident
~ Accident proneness its present status
~ Factors affecting accident proneness prevention and reduction of accidents.

REFERENCE

~ Ryan T. A. and Smith P. C. : Principal of Industrial Psychology.
~ Smith May : An Introduction to Industrial Psychology.
~ Elements of Industrial Psychology – Harrell.
~ Mayers C. S. Industrial Psychology – Oxford University Press.
~ B. A. Parikh – Industrial Psychology – Granth Nirman Board
~ Madhurika Umarvadiya – Industrial Psychology – Granth Nirman Board.
T.Y.B.A. Psychology    Semester -5
PAPER – 15
(Elective Course)

Subject: Psychological Essay
(Any One)

1. Leadership
2. Suicide
3. Hypnotism
4. Stress
5. Theory of Dream

Reference
~ B Kuppuswamy : Social psychology
~ Dr.R.G.Parmar and Dr. Jignesh Tapariya “Stress – New Challenge“
T.Y.B.A. Psychology    Semester -5
PAPER – 16 (Core Course)
Subject: Educational Psychology

Course Outline:

Unit-1  Introduction
~ Definition, nature, scope and importance of educational Psychology. Different approaches to educational Psychology.

Unit-2  Approaches
~ Different approaches of Educational psychology

Unit-3  Teaching and Teacher
~ What is teaching
~ Teacher the educative progress Teacher and his task

Unit-4  Educational significance
~ Educational significance of Physical growth and development.
~ Educational significance of mental and social growth and development

Unit-5  Study Methods
~ Effective study Method
~ Effacement study method
REFERENCE


~ Psychology & teaching – 2nd ed. Morse & Wingo D. B. Taraporwala

~ Elements of Educational Psychology – Skinner – Asian student edition Asia Publishing House – Bombay


~ Educational Psychology – Shah Pandya – Granth Nirman Board, Ahmedabad.

~ Introduction of Educational Psychology : Dr. B. A. Parikh, Popular Prakashan, Surat.

~ Outline of educational Psychol-Crow little field Admas & Co. Patterson, New Jersey.
T.Y.B.A. Psychology Semester -5

PAPER – 16 (Elective Course)

Subject: Psychology of Married Life

Course Outline:

Unit 1  Introduction to Psychology of Married Life
   ~ Introduction
   ~ Meaning
   ~ Purpose
   ~ Maturity of Marriage

Unit 2  Human Sexuality
   ~ Introduction
   ~ Meaning
   ~ Perspectives
      - Historical - Biological - Cultural
      - Psychological - Sociological

Unit 3  Gender Role
   ~ Introduction
   ~ Development of Role Concept
   ~ Gender Role and Stereotype
   ~ Attitude

Unit 4  Art of Marriage
   ~ Introduction
   ~ Important of Love in Marriage
   ~ Acceptance Behavior
   ~ Love Contemporary Models
~ Love as a appraisal of Arousal
~ Styles of Love
~ Theory of Love

**Unit 5 Adjustment and Marital Problems**

~ Adjustment in Marriage
~ Marital Conflict
~ Causes of Marital Conflict
~ Divorce
~ Suggestions for Marital Success

**Reference**

~ Jeffery, Spencer : ‘Human sexuality in world of Diversity’ Allayn Becon, 1993
~ Dr. Madhusudan Baxi : ‘Jatiyata and damptya Jivannu Manovigyan’ Viral Pub. Ahmedabad
**SAURASHTRA UNIVERSITY, RAJKOT**  
**T.Y.B.A. PSYCHOLOGY**  
**SEM. 6 (Core Course) PAPER – 17**  
Subject : Experimental Psychology

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**SEM. 6 (Core Course) PAPER – 18**  
Subject : Research method & Statistics

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### SEM. 6 (Core Course)  
**PAPER – 19**  
**Subject: Physiological Bases of Behavior**

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### SEM. 6 (Core Course)  
**PAPER – 20**  
**Subject: Abnormal Psychology**

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<thead>
<tr>
<th>Unit</th>
<th>Topic</th>
<th>Marks</th>
<th>Credit</th>
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<tbody>
<tr>
<td>1</td>
<td>Introduction to Psychology of Therapy</td>
<td>14</td>
<td>09</td>
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<tr>
<td>2</td>
<td>Psychotherapy</td>
<td>14</td>
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<tr>
<td>3</td>
<td>Behavioral therapy</td>
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<td>09</td>
</tr>
<tr>
<td>4</td>
<td>Physic Therapy</td>
<td>14</td>
<td>09</td>
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<tr>
<td>5</td>
<td>Mantel Health and Indian Therapy</td>
<td>14</td>
<td>09</td>
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### SEM. 6 (Elective Course) PAPER – 20

**Subject: Counseling Psychology**

<table>
<thead>
<tr>
<th>Unit</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Approaches of Counseling</td>
<td>14</td>
<td>09</td>
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<tr>
<td>2</td>
<td>Counseling Process</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>3</td>
<td>Indian Contribution</td>
<td>14</td>
<td>09</td>
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<tr>
<td>4</td>
<td>Child Counseling</td>
<td>14</td>
<td>09</td>
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<tr>
<td>5</td>
<td>Alcohol and Drug abuse</td>
<td>14</td>
<td>09</td>
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Total Marks: 70

### SEM. 6 (Core Course) PAPER – 21

**Subject: Organizational Psychology**

<table>
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<th>Topic</th>
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<th>Credit</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction to Organization Behavior</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>2</td>
<td>Perspectives for Understanding OB</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>3</td>
<td>The Individual in the Organization</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>4</td>
<td>The Group and Organization</td>
<td>14</td>
<td>09</td>
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<tr>
<td>5</td>
<td>Communication in Organization</td>
<td>14</td>
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Total Marks: 70
### SEM. 6 (Elective Course) PAPER – 21

**Subject: Psychological Essay**

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<th>Unit</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>Propaganda</td>
<td>12</td>
<td>09</td>
</tr>
<tr>
<td>2</td>
<td>Environment and Psychology</td>
<td>14</td>
<td>09</td>
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<tr>
<td>3</td>
<td>Mental Health</td>
<td>14</td>
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<td>4</td>
<td>Sexual Disorder</td>
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<td>Behavior Modification</td>
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Total: 70 Marks, 45 Credit

### SEM. 6 (Core Course) PAPER – 22

**Subject: Educational Psychology**

<table>
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<th>Unit</th>
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<tbody>
<tr>
<td>1</td>
<td>Transfer of Training</td>
<td>14</td>
<td>09</td>
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<tr>
<td>2</td>
<td>Individual difference</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>3</td>
<td>Character development</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>4</td>
<td>Learning and Discipline, Creative thinking</td>
<td>14</td>
<td>09</td>
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<tr>
<td>5</td>
<td>Mental Health, Educational evolution and Guidance</td>
<td>14</td>
<td>09</td>
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</tbody>
</table>

Total: 70 Marks, 45 Credit
<table>
<thead>
<tr>
<th>Unit</th>
<th>Topic</th>
<th>Marks</th>
<th>Credit</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction to Sexuality</td>
<td>14</td>
<td>09</td>
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<tr>
<td>2</td>
<td>Male Sex Organs</td>
<td>14</td>
<td>09</td>
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<tr>
<td>3</td>
<td>Female Sex Organs</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>4</td>
<td>Art of Sex</td>
<td>14</td>
<td>09</td>
</tr>
<tr>
<td>5</td>
<td>Atypical Sexual Variations</td>
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<td></td>
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</tbody>
</table>
T.Y.B.A. Psychology Semester -6
PAPER - 17

Subject : Experimental Psychology

Course Outline :

Any Five Practical Compulsory

1. Division of Attention
2. Meaningfulness and learning
3. Mental fatigue
4. Compression of Control and Free Association
5. Judging emotion from Photographs
6. Fluctuations of Attention
7. Learning : Letter - Digital symbol substitution
8. Whole vs. Part Method of Learning
9. Suggestion through progressive weight Methods

References

~ Experimental Psychology by Dr. R. G. Parmar & Dr. Jignesh Taparia

~ Experimental in Psychology by Postman L. and J. P. Egn, Harper and Row, New York
T.Y.B.A. Psychology Semester -6
PAPER - 18
Subject: Statistics

Course Outline:

Unit-1 Survey Method
~ Meaning of Survey
~ Stage of Survey Planning
~ Classifications and Analysis of Data
~ Problems of Survey Planning

Unit-2 Questionnaire Method
~ Meaning
~ Foundation of Questionnaire
~ Subject matter of Question
~ Impotents of Words in Question
~ Limitations and Benefit

Unit-3 Interview and Reporting
~ Meaning of Interview
~ Types of Interview
~ Report writing

Unit-4 A Measures of Dispersion
~ Calculation of Quartile Deviation
~ Long and short methods of calculating S.D from grouped and ungrouped data.

Unit-5 t - test & Correlation
~ Testing significance of the Mean and S.D. by SEM on t-test (Only one Method)
References

~ Fundamental Statistics in Psychology and Education – By Guilford J. P.
~ Statistics in Psychology Research – By Suresh Parekh
### Course Outline:

**Unit 1** Physiological bases of Perception  
- Introduction  
- Optical Perception  
- Structure of Eye  
- Auditory perception structure of Ear  

**Unit 2** Physiological bases of Motivation  
- Introduction  
- Hunger  
- Thrust  

**Unit 3** Physiological bases of Emotion  
- Introduction  
- Meaning of Emotion  
- Emotion and Nervous system  
- Lie Detector  

**Unit 4** Physiological bases of Adoptive Behavior  
- Learning  
- Memory  
- Thinking  

**Unit 4** Physiological bases of Personality  
- Intelligence  
- Feeble and Improving Intelligence  
- Druge and Personality
REFERENCE


~ M.A. Wenger, : ‘Physiological Psychology’ Jones and Jones, 1976

~ Deutch and Deutch, ‘Physiological Psychology’

~ Carlson N.R. ‘Foundations of Physiological Psychology’ Boston Allyn and Bacon, 1988


~ Kapadiya U. ‘Physiological Psychology’
# Course Outline:

## Unit 1: Introduction to Psychology of Therapy
- Introduction
- Meaning
- Nature
- Field area
- Impotents

## Unit 2: Psychotherapy
- Introduction
- Meaning
- Goal
- Stage
- Karl Rogers
- Froid
- Alis
- Sports therapy

## Unit 3: Physic Therapy
- Introduction
- Meaning
- Convulsive Therapy
- Insulin Therapy
- Pharmacy Therapy
- Electroconvulsive Shock Therapy
- Neurosurgery
Unit 4 Behavioral Therapy
~ Introduction
~ Types

Unit 5 Mental Health and Indian Treatment

Therapy
~ Introduction
~ Characteristics of Healthy Person
~ Rules of Mental Health
~ Meditation
~ Yoga
~ Water Therapy

REFERENCE
  Bombay, D.B. Torporevala Sons & Co.p.Ltd
  nirman Board, Ahmedabad
## Course Outline:

### Unit 1 Approaches of Counseling
- Psychoanalysis
- Self approaches
- Behavioral approaches

### Unit 2 Counseling process
- Stage
- Effective variable
- Support and Crisis

### Unit 3 Indian Contribution
- Indian contribution
- Yoga
- Mediation

### Unit 4 Child counseling
- Family counseling
- Counseling in Schools
- Carrier counseling

### Unit 5 Alcohol and Drug abuse
- Alcohol and Drug abuse
- Group counseling
- Crisis intervention counseling
References

REFERENCE

~ George R.L. and Cristani T.S. : ‘Counseling theory and practice
Allynond Bacon, Boston. 4th ed. 1995


Unit 1 Introduction to Organization Psychology
- Introduction
- Meaning
- Nature
- Utilize

Unit 2 Perspectives for understanding OB
- Introduction
- Open Systems approach
- Human Relations perspective
- Socio-technical approach
- Developing an OB Model responsive to Indian realities

Unit 3 The individual in the organization
- Introduction

Unit 4 The Group and Organisation
- Nature, types and stage of group development, Condition affecting group functioning: organizational culture and physical setting, Skills involved in managing groups.
Unit 5 Communication in Organizations


References


T.Y.B.A. Psychology Semester - 6
PAPER – 21 (Elective Course)
Subject : Psychological Essay

Course Outline :

1. Propaganda
2. Environment and Psychology
3. Mental Health
4. Sexual Disorder
5. Behavior Modification
T.Y.B.A. Psychology Semester -6  
PAPER – 22 ( Core Course)  
Subject : Educational Psychology  
Course Outline :

Unit 1  Transfer of Training  
~ Transfer of training in detail Explain

Unit 2  Individual difference  
~ What is individual difference ?  
~ Individual Difference and their educational significance

Unit 3  Character Development  
~ What is Character  
~ Importance of Character in Education

Unit 4  Learning and discipline & Creative Thinking  
~ Learning and Discipline  
~ Creative thinking and learning  
~ How tech for understanding How may teachers teach reflectively.

Unit 5  Mental Health, Educational evaluation and Guidance  
~ Mental health of students and Teacher  
~ Techniques and functions of educational evolution  
~ Guidance nature, Meaning and Functions of guidance
REFERENCE


~ Psychology & teaching – 2nd ed. Morse & Wingo D. B. Taraporwala

~ Elements of Educational Psychology – Skinner – Asian student edition Asia Publishing House – Bombay


~ Educational Psychology – Shah Pandya – Granth Nirman Board, Ahmedabad.

~ Introduction of Educational Psychology : Dr. B. A. Parikh, Popular Prakashan, Surat.

~ Outline of educational Psychol-Crow little field Admas & Co. Patterson, New Jersey.
**T.Y.B.A. Psychology Semester -6**  
**PAPER – 22 ( Elective Course)**  
**Subject : Psychology of Sexual Behavior**

**Course Outline :**

<table>
<thead>
<tr>
<th>Unit</th>
<th>Introduction to Sexuality</th>
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<tr>
<td>~</td>
<td>Introduction</td>
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<tr>
<td>~</td>
<td>Human Sexuality</td>
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<td>Education of Human Sexuality</td>
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<td>Need for Education in Human Sexuality</td>
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<td>Sexual relations</td>
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<th>Unit 2</th>
<th>Male Sex Organs</th>
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<tr>
<td>~</td>
<td>Introduction</td>
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<td>~</td>
<td>Structure and Function</td>
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<td>- Internal</td>
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<td>~</td>
<td>Structure of Seminal</td>
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<table>
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<tr>
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<td>- Internal</td>
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<td>Female sex Hormones</td>
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Unit 4 Art of Sex
~ Introduction
~ Coital Process
~ The Defloration
~ Foreplay
~ Orgasm
~ Coital Positions

Unit 5 Art of Sex
~ Normal versus Deviant Sexual Behavior
~ Fetishism
~ Transvestism
~ Exhibitionism
~ Voyeurism
~ Sexual Masochism and Sexual Sadism
~ Rape
~ Prostitution

Reference
~ Jeffery, Spencer : ‘ Human sexuality in world of Diversity’ Alayn Becon, 1993
~ Dr. Madhusudan Baxi : ‘ Jatiyata and damptya Jivannu Manovigyan’ Viral Pub. Ahmedabad